

Square Foot Gardening Guidelines

The Basics:

Think of your gardening space in terms of 1' x 1' squares.

Measure your garden in square feet.

Plant a different flower, fruit, veggie or herb in each square, following this guide.

Note: the spacing listed is the amount of space allotted after thinning.

Do your research and make a plan!

Be sure to note where, when and what you have planted in each square.

Tips:

Take note of plant height when making your plan. Plant your tallest plants at the northern end of your plant beds so they don't shade your shorter plants.

Train vining plants (pumpkins, melons, squash, peas, beans, etc.) up a trellis and grow vertically where you can- this saves a ton of space in your garden!

When designing your garden beds, make sure they are narrow enough so you can reach all the way across. The best raised-beds are not wider than 3-4' across. Also make sure you leave enough walking space between your beds for easy navigation.

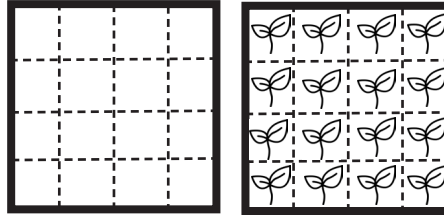
Plan successively! Plant things like carrots, lettuce, beans and peas every few weeks so you have a harvest all season long!

Visit:

www.deeplyrootedkitchen.com
for more gardening information.

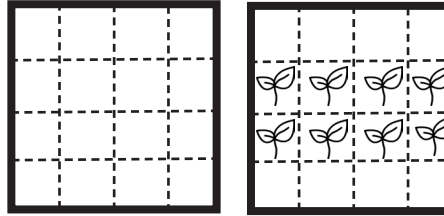
For more information on SFG, read Mel Bartholomew's book "Square Foot Gardening".

3" spacing = 16 plants/square foot



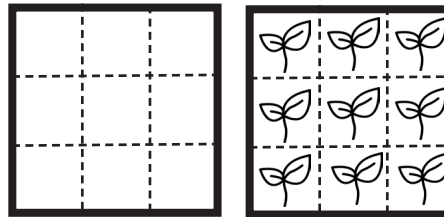
Carrots
Radishes
Parsnips
Scallions

3" (on trellis) = 8 plants/square foot



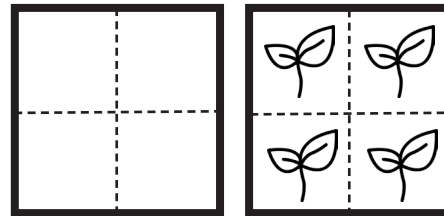
Peas
Pole Beans

4" spacing = 9 plants/square foot



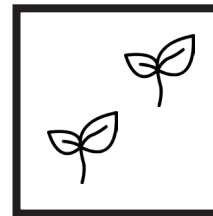
Bush Beans
Spinach
Beets, Turnips
Leeks, Onions
Garlic (small)

6" spacing = 4 plants/square foot



Lettuce
Swiss Chard
Garlic (large)
Kohlrabi
Bok Choy
Cilantro

8" spacing = 2 plants/square foot



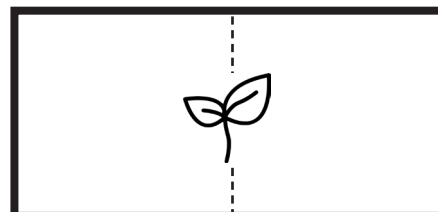
Kale
Cucumbers (on trellis)
Fennel
Parsley
Chives

12" spacing = 1 plant/square foot



Eggplant	Basil	Tomatoes
Peppers	Okra	(staked)
Celery	Fava beans	
Cauliflower	Collard greens	
Potatoes	Dill	
Cabbage		

18-24" spacing = 1 plants/2 square feet



Broccoli (18")
Brussels Sprouts (18")
Trellised:
Summer Squash (24")
Winter Squash (24")
Melons (24")
Tomatoes (caged)